

ABRAXAS PATH

Preparation for Adolescent Transition to Home

ABRAXAS
Youth & Family Services

In effort to continue the success achieved while in Abraxas residential programs, the Preparation for Adolescent Transition to Home (PATH) program is designed to help youth successfully reintegrate back into their community by providing intensive in-home and community-based services.

The PATH case manager will work with each youth and his/her family in conjunction with the residential treatment team throughout his/her commitment to placement, during any court approved home passes and ultimately, at his/her return home following discharge, in effort to achieve the goal of reducing recidivism.

We recognize families are instrumental in each youth's successful reintegration into their home and community. The PATH Program will encourage and help parents/guardians be involved in their child's treatment while in residential placement and support them through their child's reintegration into their home and community.

PATH UTILIZES A TIERED APPROACH FOR SERVICE DELIVERY:

RESIDENTIAL:

Tier 1: 2 individuals and 1 family session per month

POST RESIDENTIAL:

Tier 2: 16 weeks (2 individuals and 1 family session per week)

Tier 3: 4 weeks (1 individual and 1 family session per week)

**Minimum contacts listed above, additional contacts can be made as needed.*

NEW GPS ONLY OPTION!

In addition to our traditional re-entry services, PATH now offers a GPS only option.

SERVICE OPTIONS INCLUDE:

- 7-days a week/24 hours a day GPS supervision
- Weekend only option (Friday through Monday morning) GPS supervision

ABRAXAS PATH TEAM WILL PROVIDE THE FOLLOWING:

- Equipment hook up the day judge orders youth to GPS
- Equipment removal
- Equipment maintenance
- 24 hour monitoring (8-5 by PATH case mgrs) and through the BI Monitoring Center 5pm to 8am
- Real time communication of violations
- Weekly adjustment summary
- Discharge report at completion of services

A PATH case manager will be assigned at the time of residential commitment to an Abraxas program and will begin working with the youth and family upon admission. Community-based services will continue for 5 months post discharge from residential.

The PATH Program Services Youth at these Abraxas Residential Programs:

■ **ABRAXAS I**
Marienville, PA

■ **ABRAXAS ACADEMY**
Morgantown, PA

■ **ABRAXAS YOUTH CENTER**
South Mountain, PA

■ **SPECIALIZED TREATMENT PROGRAM**
South Mountain, PA

PATH HIGHLIGHTS

- ✓ Individualized Re-entry Treatment Planning for each youth based on the Residential Discharge Plan, the YLS, the Juvenile Inventory for Functioning (JIFF) assessment, youth and family input.
- ✓ The Change Companies Interactive Journaling® Forward Thinking Journal series is utilized as a foundation for youth and family sessions.
- ✓ Linking youth with community based resources to promote pro-social community involvement.
- ✓ Assist with home/school linkages to ensure timely re-enrollment, transfer of records and attendance.
- ✓ Assist youth in identifying employment opportunities, resume writing, application submission, obtaining employment and monitoring job attendance and performance.
- ✓ Assist youth in identifying community service opportunities, monitoring attendance and hours.
- ✓ Curfew Monitoring via GPS.
- ✓ Family sessions to support and empower parents/guardians in their role; identify family strengths and concerns, assess overall family structure and routine and assist in successful reintegration of youth into the home.
- ✓ Weekly contact with each youth's probation officer and additional contacts for any program violations/issues.
- ✓ Transportation assistance to and from appointments such as job interviews, counseling, court hearings and probation meetings.

For more information about PATH please contact:

Jason Torres | Executive Director, PATH

Email: jatorres@abraxasyfs.org

Phone: 610.392.1672 | Fax: 281.657.9739

