

The Abraxas I Intensive Open Residential Program (IORP) is a 20-bed, intensive open residential program that provides staff secure / intensive programming, social skill development, and substance abuse/prevention services for male adolescents between the ages of 13 to 18. This highly structured, staff-secure residential program provides individualized treatment for youth with diverse needs directly impacting their delinquency issues, and as a result, may have demonstrated resistance toward other treatment interventions.

IORP uses a strengths-based approach, which focuses on intensive clinical programming, evidence-based curricula, personal character development, and specific counseling to remedy family deficits. The program is designed with focused interventions to address the criminogenic needs of socialized delinquents at risk for failure resulting in long term involvement in the juvenile justice system.

## ADMISSION CRITERIA

- Delinquent and/or dependent male youth between the ages of 13 to 18+
- Youth must be in at least 7th grade
- History of significant criminogenic needs that put youth at risk for continued involvement in the juvenile justice system to include aggression, gang involvement, gun involvement, drug sales and other criminal activities
- History of significant delinquency that inhibits youth's ability to function as a responsible member of society
- Minimum IQ of 70



**UTILIZING A COGNITIVE BEHAVIORAL MODEL AND TRAUMA-INFORMED CARE APPROACH THE INTENSIVE OPEN RESIDENTIAL PROGRAM IMPLEMENTS A STRONG EMPHASIS ON:**

- Aggression Replacement Training (ART®)
- Cognitive Behavior Therapy Interventions
- Balanced and Restorative Justice
- Responsible Living Skills Development

## HIGHLIGHTS

- Primary counselors provide individual, group, and family counseling sessions and implement individualized treatment plans that identify each youth's core treatment issues and clinical action steps to address each of them
- Every youth receives a psychological and psychiatric evaluation to assist in assessing any untreated or unidentified mental health concerns
- On grounds, privately licensed middle and high school offering the following: The opportunity to earn credits that can be transferred to the home school; high school diplomas; GED prep and testing; credit recovery; SAT prep and testing; and online college courses (*on a case-by-case basis*)
- Career and technical education opportunities: Abraxas I is affiliated with the Pennsylvania Academic Career/Technical Training Alliance and also partnering with OVR (*Office of Vocational Rehabilitation*)
- Restitution and community service opportunities
- Interscholastic/intramural athletics, music, art and numerous clubs available

**Abraxas I**

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IORP (Intensive Open Residential Program) is a service of Abraxas I, licensed by the Commonwealth of Pennsylvania Department of Human Services, accredited by The Joint Commission and partnering with the Sanctuary Institute for clinical and organizational change.