

# ABRAXAS | GIRLS Substance Abuse Treatment Program

## CLINICAL

- D&A specific treatment (*minimum of 10 hours per week*)
- Gender specific programing:  
A Woman's Way Through the Twelve Steps & Moving On
- Trauma Focused Groups: PA PTSD Project
- Individual, group & family counseling
- Outpatient sexual assault counseling (*as deemed necessary*)
- Outpatient trauma focused therapy (*as deemed necessary*)
- Abuse & Relationship group
- Teen Choices (*includes Anger Management component*)

## EDUCATION

- Middle & High School education at on-site accredited school
- Career & technical education & workforce development opportunities
- Diploma & GED tracks available
- College Courses
- Credit Recovery
- SAT Prep/Testing

Fully funded by Managed Care for Pennsylvania youth who meet the requirements for this level of treatment (ASAM Level III.1 or III.5). Managed Care Organizations include PerformCARE, CBH, CCBHO, MHS and VBH.

## Abraxas |

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## SOBER & SUCCESSFUL

DEVELOPING A STRATEGY FOR RECOVERY THROUGH

- building positive relationships
- enhancing self-esteem and body image
- teaching life skills
- providing clinical services

IN EFFORT TO SUPPORT A SOBER AND SUCCESSFUL FUTURE.

## UNIQUE OPPORTUNITIES @ AI

- Experiential learning with Empathy Bellies® pregnancy simulators (*through Family & Consumer Science in School*)
- Partnership with educational outreach program (*bi-weekly*) through local rape crisis center; groups around healthy relationships, Internet safety, date rape drugs & various other topics
- Community service opportunities with local flea market, community food bank, PA Fish & Game Commission
- Gymnasium for physical education class & therapeutic recreation, weight/fitness room, racquetball & yoga
- Crafting Room: Yarn projects, sewing blankets & hats for babies & then delivering to local hospitals
- Track & Field co-op with Sheffield Area High School
- CNA Program (*Certified Nurses Aide*) with local nursing home for those girls who are eligible



## Youth Level of Service Domains and Corresponding Curricula & Programming

### FAMILY CIRCUMSTANCE & PARENTING

- Family Sessions

### SUBSTANCE ABUSE

- Living in Balance
- Woman's Way Through the 12 Steps
- Teen Choices Workbook

### PEER RELATIONS

- Moving On
- Abuse/Relationships
- Living in Balance
- Teen Choices Workbook
- Lifeskills Groups

### LEISURE, RECREATION & COMMUNITY ENGAGEMENT

- Victim Awareness
- Restitution
- Community Service
- PIAA Athletics
- Intramural Sports
- Teen Choices Workbook

### EDUCATION & ACADEMIC SKILLS

- Casey Life Skills
- CTE Programs
- Employability Soft Skills
- High School Diploma, GED & College Courses
- Credit Recovery & Credit Acceleration
- PSSA, Keystone Exams, ASVAB & SAT Testing
- Microsoft Certification

### PERSONALITY / BEHAVIOR BEHAVIORAL HEALTH

- A New Direction Criminal & Addictive Thinking
- Victim Awareness
- PTSD
- SELF Psychoeducation
- Teen Choices Workbook
- Trauma Focused Groups; PA PTSD Project

### ATTITUDES / ORIENTATION

- Anger Management
- Transforming Anger into Personal Power
- Victim Awareness
- Gun Violence Prevention
- Teen Choices Workbook

### EMPLOYMENT / WORKFORCE DEVELOPMENT

- Casey Life Skills
- Employability Soft Skills

## PACTT @ ABRAXAS I Pennsylvania Academic and Career/Technical Training Alliance

### EMPLOYABILITY & SOFT SKILLS MANUAL

- Average 17 out of 27 competencies during a student's stay
- Students have the opportunity to gain experience/mastery in all 27 competencies – length of stay will impact student progress toward completion

### EMPLOYABILITY & SOFT SKILLS CHECKLIST

- Checklist is part of the student portfolio
- Skills are also documented in the PACTT database

### PORTFOLIO & PORTFOLIO CHECKLIST

- A portfolio is done with every student
- An electronic copy of each portfolio is kept on site

### CERTIFICATES & TRAINING (INDUSTRY CERTIFICATES)

- ServSafe, 8 different OSHAs, Microsoft Office, Ed2Go & Alison Courses
- Partnership with Northwest Pennsylvania Regional College to offer certificate courses in introductory manufacturing classes
- CNA certificate

### CERTIFICATES & TRAINING (OTHER TRAININGS)

- First Aid, CPR, Wilderness First Aid & CPR
- Driving simulator with 16 different lessons with certifications

### PROGRAMS OF STUDY

- Culinary Arts, Horticulture & Microsoft Office
- Partnership with Snyder Memorial Home for 5 week CNA program

### COMPETENCY LIST

- Part of the portfolio

### CAREER, JOB PLACEMENT & COLLEGE

- Career counselor on grounds two days a week – building resumes, cover letters & registering in CareerLink® website
- OVR group services, paid work experiences & getting students fully qualified into OVR so when they return to their home communities they can use OVR as a resource in job placement & to help defray the cost of college

### WORK EXPERIENCE

- Work site opportunities both on & off grounds for both OVR students as well as students who may not qualify for OVR paid work experiences
- Students who are eligible for OVR paid work (Juniors, Seniors, GED or age appropriate such as a 17 year old sophomore) have the opportunity to work 40 hours at 10.35/hr.
- TANF grant funded work programs
- Various volunteer/CS opportunities
- WIOA work opportunities for graduates & students who have earned their GED (up to 300 hours at 10.15/hr.)

### ACADEMICS / GED

- Curriculum aligned with PDE
- Pearson Testing Center & can test students for their GED on site

### REMEDICATION, ACCELERATION, CREDIT RECOVERY

- Credit recovery & credit acceleration available

### TRANSITION SERVICE

- All records are transitioned
- OVR students have an OVR counselor for transition services

### RECORDS & DOCUMENTS

- Records are consistently requested & received timely